Hot Appetizers

	Traditional Kash-K-Bademjan	\$7.00 L	
	Sauteed eggplant with fresh garlic & onions	\$8.00 D	
	Kash-K-Bademjan	\$6.50 L	
(4)	Eggplant simmered in our homemade tomato sauce	\$7.50 D	
	Stuffed Pepper	\$8.00 L	
	Large stuffed pepper with ground beef, rice, & served in a tangy tomato sauce	\$9.00 D	
	Dolmeh	\$6.00 L	
occao.	Grape leaves stuffed with rice	\$7.00 D	
4	Sambuseh	\$6.50 L	
	Fried dumplings stuffed with chickpeas	\$7.00 D	
	Falafel	\$6.50 L	
	Deep fried ground chickpeas	\$7.00 D	
	Cold Appetizers		
TI	Babaganoush	\$7.00 L	
	Baked eggplant in tahini sauce	\$8.00 D	
A CONTRACTOR OF THE PARTY OF TH	Hummus	\$7.00 L	

Crushed chickpeas in tahini sauce	\$8.00
Olovieh Salad	\$7.00
Potato salad with chicken, green peas, & mayonnaise	\$8.00
Panir-Sabzi	\$7.50

Fresh basil, mint, tarragon, radish, scallion & feta cheese	\$8.50 D
Mast-Mousir	\$6.00 L
Homemade yogurt with shallots	\$7.00 D

Baked eggplant in tahini sauce	\$8.00 D
Hummus	\$7.00 L
Crushed chickpeas in tahini sauce	\$8.00 D
Olovieh Salad	\$7.00 L
Potato salad with chicken, green peas, & mayonnaise	\$8.00 D
Panir-Sabzi	\$7.50 L
Fresh basil, mint, tarragon, radish, scallion & feta cheese	\$8.50 D
Mast-Mousir	\$6.00 L
Homemade yogurt with shallots	\$7.00 D
Mast-Khiar	\$5.50 L
Homemade yogurt with cucumber & dry mint	\$6.50 D

Seafood

All seafood is served with green rice & a grilled tomato. Substitution	tute
green rice for grilled vegetables, french fries, or a shirazi salad	

green rice for grilled vegetables, french fries, or a shirazi sa	lad
Salmon Kebob	\$20.50 L
Cubes of Salmon grilled to perfection	\$22.50 [
Bronzini	\$26.50 L
Whole broiled Mediterranean sea bass	\$28.95 D
Brook Trout	\$20.50 L
Butterflied and broiled	\$23.50 D
nds.	
Shrimp Kebob	\$19.50 L
One skewer shrimp in garlic lemon marinade	\$21.50 D
Grilled Seafood Combination	\$36.50 L
Your choice of any two seafood skewers	\$40.50 D

Stews

Siews	
Ghormeh Sabzi	\$15.50 L
Chunks of beef simmered with parsley, scallions, red kidney beans, & dried lemons	\$16.50 D
Gheymeh	\$14.50 L
Chunks of beef simmered in tomato base with yellow beas & dried lemons	\$15.50 D
Gheymeh-Bademjan	\$16.50 L
Chunks of beef simmered in tomato base with eggplant, yellow peas, & dried lemons	\$18.50 D
Fessenjan Crushed walnuts with chicken cooked in pamegranate paste, served with white rice	\$18.50 L \$20.50 D
Specialty Rice	
Substitute any of the specialty rice below for \$3	
Zereshk Polo Rice	\$6.95 L
Barberries, currents & saffron mixed with basmati rice	\$6.95 D
Green Rice	\$6.50 L
Dilled rice with fava beans	\$6.50 D
Albaloo Polo	\$6.95 L
Sweet & sour cherries mixed with basmati rice	\$6.95 D

Salads

Add:	Grilled	Chicken	,	Grilled	Shrimp	,	Grilled	Salmon	
	\$15.50 L	\$16.50 D		\$16.50 L	\$17.50 D	1	\$18.95 L	\$20.50 D	

Shirazi Salad				
Chopped cucumbers, a house dressing	tomatoes,	and	red o	,

d cucumbers, tomatoes, and red onions in dressing	\$8.00
·	

Mediterranean Salad

Romaine lettuce, red onions & feta	beefsteak tomato	es, cucumbers,
red onions & feta	cheese in a vinai	grette dressing

Pardis Salad

Artisan, cucumbers, house dressing	tomatoes	&	onions	in	a
house dressing					

Arugula Salad

Arugula,	cherry tomatoes,	red onions, & feta grette dressing
cheese in	a balsamic vinaig	grette dressing

17.	4	:	
VE	eger	arian	

Eggplant Stew	
Simmered eggplant in tomato sauce with mushrooms served with rice	
mushrooms served with rice	

					_		
Va	MA	tor	ion	K	h	nh	
VC	40	lai.	ian	17(U	UU	

Grilled	vegetables	served	with	hummus	& rice
OILLIEG	10000100	201 100	TT A DAA	TTOTALLET	

Wraps

Wraps are served over flat bread and a Mediterranean salad

Chicken	Koo	bideh	

One s	kewer	of sea	soned &	k grill	ed groun	ıd
chicke	en					

Beef Koobideh

One skewer o	f seasoned	& grilled	ground	beet
--------------	------------	-----------	--------	------

Soup

AG	h I	ool	hteh
AS	II-L	7621	nten

Fraditional	Persian noodle soup with mixed greens,
hickpeas,	& red kidney beans topped with yogurt sauce

)	oup	of	the	day
--	---	-----	----	-----	-----

\$10.50 L

\$11.50 D

\$10.50 L

\$7.50 L



CHICKEN KOOBIDEH KEBOB

Two skewers of seasoned \$15.50D & grilled ground chicken

\$13.95L



CHICKEN STRIP KEBOB

One skewer of marinated boneless breast of chicken \$17.50D

中国是大家的经济和 医高性血

\$16.00L



JUJEH KEBOB

Bone-in cornish hen in our lemon saffron marinade

\$17.50L \$19.50D



CHICKEN SULTANI KEBOB

One skewer of Chicken strip & one skewer of Chicken koobideh

\$20.50L \$22.50D



JUJEH SULTANI KEBOB

One skewer of Jujeh & one skewer of Chicken koobideh

\$22.50L \$24.50D



LAMB CHOPS

Pieces of single cut french rack of lamb \$23.50L \$26.50D



LAMB SHANK

Simmered with garlic in a \$20.50L tomato sauce served with green rice





BEEF KOOBIDEH KEBOB

Two skewers of seasoned & grilled ground beef

\$14.50L \$15.50D



BARG KEBOB

One skewer of Angus beef strips

\$18.50L \$20.50D



SULTANI KEBOB

One skewer of Barg & one skewer of Beef koobideh

\$23.50L \$25.50D



PARDIS SPECIAL

One skewer of Barg & one skewer of Chicken strip

\$30.50L \$33.50D



COMBINATION PLATTER KEBOB

One skewer of Barg, one skewer of Jujeh, & two skewers of Beef koobideh

\$43,50L \$47.50D

All kebobs are served with basmati rice & a grilled tomato. Substitute rice for grilled vegetables, french fries, or a shirazi salad.





Take Out Menu 201-652-8000



47 E RIDGEWOOD AVE, RIDGEWOOD, NJ 07450



201-652-8000







